



**Northeast School's  
Lion's Stride  
Saturday, September 24<sup>th</sup>  
10:00 AM**

**Part of the: VERNON MAYOR'S CUP  
FITNESS CHALLENGE**

On Saturday, September 24, 2011, Northeast School will host the monthly Town of Vernon Mayor's Cup Fitness Challenge event. The Mayor's Cup Fitness Challenge is sponsored by the Vernon School District's Wellness Committee and the Vernon Parks and Recreation Department. Children and families from the five elementary schools and the parochial schools are invited to participate in the **Northeast School's Lion's Stride**, a 0.5 - 1.0 (or more) mile jog/walk that will take place in the fields behind the school. Children must be accompanied by an adult. The event will begin at 10:00 am so please arrive by 9:40 am to register. Hope to see you there!!!

Child's Name: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

The undersigned parent, guardian, or participant does grant permission to the named individual/s to participate in the Vernon Parks and Recreation Department above named program/s. The undersigned does hereby waive, absolve, indemnify, and agree to hold harmless the Town of Vernon Parks and Recreation Department, the Vernon Board of Education, and all other sponsors and supervisors of the above said program/s. As a parent or guardian of the above said participant/s, I realize there are inherent risks involved in physical activity. Pictures taken of my child may be used for publicity by the Vernon Parks and Recreation Department.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**In case of inclement weather, contact the Parks and Recreation  
Department cancellation line at 870-3520.**