



Dickens' Day Stroll

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Saturday December 3rd
10:00 AM
Part of the
MAYOR'S CUP FITNESS CHALLENGE

The Vernon Parks and Recreation Department in coordination with the Vernon School District's Wellness Committee will host the monthly Town of Vernon Mayor's Cup Fitness Challenge event.

Children and families are invited to participate in the Dickens' Day Stroll, a 1.4 mile jog/walk beginning in front of the Town Hall, 14 Park Place and continuing through the neighborhoods around the area. Children must be accompanied by an adult. The event, which is free, will begin at 10:00 am. Please plan to arrive from 9:30 am to 9:50 am. If you are interested in participating, please bring the completed registration form to the event. Registration forms will be available the day of the event if needed. Hope to see you there!!!

Name _____

School _____ Grade: _____

The undersigned parent, guardian, or participant does grant permission to the named individual/s to participate in the Vernon Parks and Recreation Department above named program/s. The undersigned does hereby waive, absolve, indemnify, and agree to hold harmless the Town of Vernon Parks and Recreation Department, the Vernon Board of Education, and all other sponsors and supervisors of the above said program/s. As a parent or guardian of the above said participant/s, I realize there are inherent risks involved in physical activity. Pictures taken of my child may be used for publicity by the Vernon Parks and Recreation Department.

Signature

Date

**In case of inclement weather, contact the Parks and Recreation
Department cancellation line at 870-3520.**